Classes Available

In 2021, ADA is planning to offer Dance Classes in the following Dance Styles:

Introduction to Dance
Pre School (PS) & Transition Ballet and Jazz
Classical Ballet
Tap
Jazz
Contemporary
Hip Hop

Students only progress through to the next level based on teacher's advice. The below information is intended as a guide only and subject to each individuals abilities according to the teachers.

Introduction to Dance

This Beginners dance class is open to children who have their last year at home before going to preschool. This is generally age 3 to 4 year olds.

The class offers an introduction to the joy of movement and music.

PS & Transition Ballet and Jazz

These dance classes are open to students eligible to be enrolled in Pre-School or Transition years at school. (Generally 4 and 5 year olds).

These classes offer an introduction to the joy of movement and will include Classical Ballet and Jazz.

Jazz Classes

Jazz classes commence for students enrolled in preschool at school (generally 4 years old). While the primary focus of classes will be on learning correct dance technique based on the ATOD (Australian Teachers of Dancing) syllabus there will also be an emphasis on learning choreographed dances.

PS & Transition Jazz.... Open to students in Pre School & Transition at school

Jazz Test 1.... Open to students enrolled in Years 1 or 2 at school

Jazz Test 2.... Open to students enrolled in Years 2 or 3 at school

Jazz Test 3 ... Open to students enrolled in Years 3 or 4 at school

Jazz Bronze Medal.... Open to students enrolled in Years 5 or 6 at school

Jazz Bronze Star.... Subject to teachers' discretion

Jazz Silver Medal.... Subject to teachers' discretion

Jazz Silver Star.... Subject to teachers' discretion

Jazz Gold Medal.... Subject to teachers' discretion

Hip Hop Classes

Hip Hop classes commence for students enrolled in Year 2 at school (generally 7 years old). Students below this age are encouraged to enroll in either Classical Ballet or Jazz to obtain a foundation of basic dance technique. While the primary focus of classes will be on learning correct dance technique based on the ATOD (Australian Teachers of Dancing) syllabus there will also be an emphasis on learning choreographed dances.

Hip Hop Level 1 / 2… Open to beginner students in Year 2 to Year 4 at school

Hip Hop Level 3 / 4 ... Open to students in Year 4 to Year 6 at school

Hip Hop Level 5 / 6 ... Open to students in Year 6 to Year 8 at school. Students at the teacher's discretion

Hip Hop Level 7 / 8 … Students at the teacher's discretion

Hip Hop Level 9 … Students at the teacher's discretion

Classical Ballet

Classical Ballet classes commence for students enrolled in Pre School at school (generally 4 or 5 years old). While the primary focus of classes will be on learning correct dance technique based on the ATOD (Australian Teachers of Dancing) syllabus there will also be an emphasis on learning choreographed dances.

PS Ballet Level 1 & 2.... Open to students in Pre School & Transition at school

Ballet Test 1.... Open to students in Year 1 or 2 at school

Ballet Test 2.... Open to students in Year 2 or 3 at school

Ballet Test 3.... Open to students in Year 3 or 4 at school

Ballet Bronze Medal…. Open to students in Year 4 or 5 at school

Ballet Bronze Star.... Subject to teachers' discretion

Ballet Silver Medal…. Subject to teachers' discretion

Ballet Silver Star…. Subject to teachers' discretion

Ballet Gold Medal…. Subject to teachers' discretion

Ballet Gold Bar…. Subject to teachers' discretion

Ballet Pointe Beginners / Advanced

Students enrolled in this class will receive instruction in the techniques of 'en Pointe' ballet and will be required to be fitted with and purchase 'Pointe' Ballet shoes. This class is open to students enrolled in Ballet Silver and above, at the teacher's discretion. To do Pointe classes students must be dancing at least 2 ballet classes a week for strong technique and to prevent injury.

Tap Classes

Tap classes commence for students enrolled in transition at school. While the primary focus of classes will be on learning correct dance technique based on the ATOD (Australian Teachers of Dancing) syllabus there will also be an emphasis on learning choreographed dances:

Tap Test 1 …. Open to students in Transition to Year 2 at school with little or no experience

Tap Test 2 .... Open to students in Year 2 or 3 at school depending on experience

Tap Test 3 …. Open to students in Year 3 or 4 at school with some experience

Tap Bronze Medal .... Open to students in Year 4 to 6 with experience

Tap Bronze Star …. Subject to teacher's discretion

Tap Silver Medal …. Subject to teacher's discretion

Tap Silver Star …. Subject to teacher's discretion

Tap Gold…. Subject to teacher's discretion

Enrolment in all Tap Classes is dependent on previous experience and ability and subject to teacher's discretion.

Contemporary Classes

It is **requirement** that all contemporary students must be enrolled in Bronze classical ballet or higher. This is to develop essential technique & strength that helps form the foundation of Contemporary dance.

Contemporary Junior Foundation

This class introduces the various styles of contemporary dance technique and is open to students aged from 10 years.

Contemporary Junior

This class continues introducing the various styles of contemporary dance technique and is open to students aged from 12 years to 14 years with previous experience in contemporary dance.

Intermediate & Senior Contemporary

These grades of contemporary will be incorporated into the Intermediate and Senior Jazz Classes.

Note: **It is stressed that the above criteria are guidelines only, particularly those based on age or year at school. Individual exceptions to these guidelines may be made at the teacher's discretion; however, unless prior arrangements are made with the teacher, students should initially be enrolled in accordance with these guidelines. Students who have had no previous dancing experience may be initially placed in classes below their age group in order to pick up basic dance techniques before being moved into another class.**